



SATURDAY MORNING SEMINAR

January 28, 2023

8:45 AM – 12:00 PM

School of Leadership and Education Sciences
Executive Classroom

8:45am Check-in + Coffee/Tea/Water/Breakfast Snacks

9:00am Welcome

9:10am-10:15 am Audrey Hokoda, Ph.D.

Senate Distinguished Professor, Child & Family Development, San Diego State University, Co-editor, *From Trauma to Resiliency: Trauma-Informed Practices for Working with Children, Families, Schools, and Communities*

Presentation Title

Utilizing Trauma-Informed Principles and Strategies Working with Diverse Families with Young Children

Presentation Abstract

This presentation highlights trauma-informed practices used to develop relationships and engage with diverse families with young children. The culturally affirmative interventions, guided by research on the neuroscience of trauma, early attachment, and family-school engagement, are aligned with six trauma-informed principles that include: promoting safety, building trustworthiness and transparency, creating peer support, collaboration and mutuality, empowerment, and cultural, historical, and gender sensitivity (SAMHSA, 2014). The trauma-informed strategies were implemented in programs for: a) Latino families who participated in Growing Together/Creciendo Juntos, a Trauma-Informed Community-School program implemented in a high need urban elementary school; b) Refugee mothers from the Middle East, Afghanistan and Somalia who were

recruited to participate in parenting classes and a support group, and c) military families with young children receiving home visitation prevention and clinical intervention services. Examples of trauma-informed strategies utilizing music, children's books, art, lessons on trauma, and small group reflection are presented. In addition, policy recommendations for addressing the needs of diverse families are described.

10:30am-11:40am Gabriel Nuñez-Sori

Director of the TREC Team—Trauma-Resilient Educational Communities

Presentation Title

Understanding the Role of Relationships in Trauma and Resilience Within Our Lives and the Lives of Those We Serve

Presentation Abstract

This presentation will focus on understanding the role of relationships and belonging as it relates to trauma and resilience in our lived experiences and the lives of those we serve. Gabriel Nuñez-Sori will share some of his own experiences of trauma and resilience and utilize his own narrative to help illustrate how trauma and resilience operate. With a focus on holistic, relational, and collective ways of understanding our human existence, this presentation highlights Indigenous frameworks of knowledge that can assist us in developing deeper understandings of how critical relationships and collective social support are for our resilience and thriving in life. Relationships, and the emotional labor required in developing relationships, are essential in creating healing-centered and empowering educational spaces, especially when considering historical and systemic trauma. The presentation will end with a call to action, to create learning environments that more effectively empower youth with agency and voice, and provide various resources to consider in supporting this action.

11:45am-12:00pm Closing/ Drawings

Handouts (for all attendees): The C-File Report & laminated guides

From NPR: *Differentiated Instruction: Creating Inclusive Classrooms*

Books for Drawings: *From Trauma to Resiliency: Trauma-Informed Practices for Working with Children, Families, Schools, and Communities (5)*
Discipline Without Stress (5)

SEMINAR REGISTRATION

<https://pce.sandiego.edu/courses/creating-trauma-sensitive-schools-classrooms-seminar/>